

Dear customers,

thank you for your interest in our SUMMER CAMP 2019 by IGBS Aquatic Camps. I'm going to introduce our project via the following points.

#### 1. Introduction

Our idea comes from the collaboration between two professional coaches and international athletes of water polo and synchronised swimming. We are developing a new format based on a cross-training between these two sports. All of this will be done in a cosmopolitan context where two or more different cultures meet, such as the Italian and the British one to start within our personal case.

## 2. Location

Greece is the chosen location for this year. In particular, we will stay and train in Syros island. This place was the venue of great international aquatic events such as the last Artistic Swimming World Series last summer. This choice comes from our collaboration with a Greek company that gave us all the facilities needed, in order to develop our project in the best way as possible. We will have dedicated spaces for all parts of the day: a pool for the aquatic session, a place for the land session and a private beach for the time off that will be constantly monitored by Lifeguards and us.

### 3.Athletes

The chosen age is between 10 and 14 years old. This is ideal in terms of muscular, technical and social development. Moreover, the aim is to play in a neutral field for the participants from different countries, which means a greater opportunity of inclusion and collaboration without prejudice or social superstructures.

For those willing to travel with their kids, we will give the possibility of accommodation for parents who want to organise their own holidays in conjunction with the summer camp. Don't hesitate to ask and we will give you the best solutions we can.

## 4. The journey

Despite our initial efforts, we have considered not to include the cost of the journey within the overall camp price. We leave to you the possibility to organise it by yourself or to rely on us



for a group flight. This is for not excluding the parents that want to plan their own holiday in the island eventually.

#### 5. The staff

Our staff includes ONLY qualified coaches (by either the Italian federation or Swim England) all in possession of Lifeguard and first aid qualification and DBS (or the Italian equivalent). We want to offer the best professionalism in every single part of the day for all our athletes.

# 6. The daily plan

All the daily activities are planned from the alarm set to the bedtime in an accurate order that includes discipline, training sessions, studying moments, resting time and a lot of fun. There won't be time for boredom or wasted time. Great attention will be paid during the meals time and the rest time by us, too. We want to underline the fact that it won't be a holiday but a sports camp, so it will require the athletes to do their best.

## 7. Deadlines

The first registration deadline (the pre-form included in the website) doesn't require any kind of payment. At the beginning of February, an email will be sent to all pre-registered contacts with all instructions, deadlines, and payment instalments, privacy documents etc. All forms must be sent back to us after signing them.

# 8. Conclusions

This idea comes from my partner's passion and mine and our experience within our sport's field. This will be the real first, big event of our new company. It will be challenging but it will be a real trial test for every our single future activity. If you want to ask any questions, give your opinions or suggestions we will be glad to answer you by email.

Kind regards Giulio Sartorello